A orange and grey backpack

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Pictured is an internal framed backpack. I find that these are best for the way we travel.

Boys need a 50L-70L bag

Girls bags can be smaller but depends on amount packed.

More pockets the better.

Can range wildly in price. Look around. Borrow one if possible.

Bag pictured is 50L

A black backpack with a white logo

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Also, having a day bag is useful. The lighter the better. Most of you likely have something like this around the house.

It is great for bring what you need for the plane ride and for carrying water or raincoat when we are out and about.